

## ***Erik Bohlin, M.A.***

New Hope Counseling Service  
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### **E d u c a t i o n**

<b>Chapman University</b> Orange, California <i>Master of Arts, Community and Clinical Psychology</i>	<b>1990</b>  <i>Graduated with 4.0 GPA</i>
<b>Northwest University</b> Kirkland, Washington <i>Bachelor of Arts, Behavioral Science</i>	<b>1987</b>  <i>Graduated Magna Cum Laude Awarded for highest GPA in Behavioral Science Department</i>

### **C e r t i f i c a t i o n s**

<b>National Board of Certified Counselors</b> Greensboro, North Carolina <i>Nationally Certified Counselor</i>	<b>1996</b>  #44257
<b>Licensed Mental Health Counselor</b> State of Washington	<b>1994</b> # LH 00004543
<b>NAADAC</b> Master Addictions Counselor	<b>2006</b> # 507178

### **P o s t G r a d u a t e E d u c a t i o n**

<b>Benton/Franklin County Superior Court</b> Kennewick, Washington	<b>2003</b> Completed 28 hour training for RCW 26 Family Law Guardian Ad Litem
<b>NLP Learning Center</b> Seattle, Washington <i>Master Practitioner Certification in Neuro-Linguistic Programming</i>	<b>1994</b>  <i>Completed 5 month advance training in Neuro-Linguistic Programming</i>

<b>The Institute of NLP and Hypnosis</b> Austin, Texas <i>Ericksonian Hypnosis</i>	<b>1992</b>  <i>Completed 36 hour training with 2 therapists who Milton Erickson personally mentored.</i>
<b>NLP Center of the Southwest/Cascade Center</b> Seattle, Washington <i>Certified Practitioner in Neuro-Linguistic Programming</i>	<b>1991</b>  <i>Completed 8 month training in NLP</i>

### **C o n t i n u i n g   P r o f e s s i o n a l   E d u c a t i o n**

<b>Joseph Shaub, J.D., Attorney</b> Seattle, Washington <i>"Family Law for the Mental Health Professional"</i>	<b>2005</b>
<b>Daniel Amen, M.D., Psychiatrist</b> Seattle, Washington <i>"From ADD to Alzheimer's: Healing and Nurturing the Brain throughout a Lifetime"</i>	<b>2005</b>
<b>Harvard Divinity School</b> Cambridge, MA <i>"Holistic Healing in Byzantium: Epistemologies and Methodologies"</i>	<b>2004</b>
<b>Patrick Carnes, Ph.D, CAS</b> Seattle, Washington <i>"Sexual Addiction: The Recovery Zone"</i> <i>"Sexual Addiction: Facing the Shadow"</i>	<b>2004</b>
<b>John Gottman, Ph.D,</b> Seattle, Washington <i>"Marital Therapy: A Scientifically Based Approach"</i>	<b>2000</b>
<b>Nicholas Hall, Ph.D,</b> Seattle, Washington <i>"Health Related Pleasures"</i>	<b>1996</b>

### **P r o f e s s i o n a l   e x p e r i e n c e**

<b>New Hope Counseling Service</b> Lake Stevens, Washington <i>Clinical Director and Counselor</i>	<b>1989-Present</b>  <i>I provide individual, marital, family and group therapy. I specialize in recovery from physical and sexual abuse,</i>
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*emotional abuse, divorce and family breakup, depression, anxiety and post-traumatic stress disorders. I do pain management assessments and treatment for those suffering from chronic pain and illness. I provide assessment and court evaluations and do personality testing with the MMPI-2, MMCI-2 other assessment tools. I also have been an internship site for Northwest University, Seattle Pacific University and the University of Washington, providing supervision.*

**The Institute for Excellence**

Lake Stevens, Washington  
*Executive Director and Trainer*

**1992-1997**

*I trained other mental health professionals in Neuro-Linguistic Programming. I directed a 90 hour certification program that extended over 7 months. I also have done consulting and professional excellence training for employees of various corporations.*

**Northshore Youth and Family Services**

Bothell, Washington  
*Marriage and Family Intern*

**1989-1990**

*I provided marital, family and child counseling. I assisted in a children's support group and parenting groups.*

**Mental Health Services of Snohomish County, Inc.**

Everett, Washington  
*Mental Health Specialist*

**1989-1991**

*I provided case management and group therapy for psychiatric patients suffering from Schizophrenia, Bipolar Disorder and severe Personality Disorders.*

**King County Department of Youth Services**

Seattle, Washington  
*Counselor/Chaplain*

**1987**

*I counseled incarcerated youth in the areas of physical, emotional and sexual abuse; anger management; social skills, and crisis intervention.*

**Whitman County Crisis Line**  
Pullman, Washington  
*Crisis Line Worker*

**1980-1981**

*I did crisis intervention for two crisis lines, Rape Resource Line, Whitman County Mental Health Line and the Alcoholics Anonymous Line.*

## **A d d i t i o n a l   p r o f e s s i o n a l   a c t i v i t i e s**

**Practicum Supervisor**

**Northwest College, Kirkland, Washington**

*I supervised interns and provided a 300 hour practicum experience for students in the Behavioral Science program. I evaluated their progress and case load.*

**Internship Supervisor**

**University of Washington / Seattle Pacific University**

*I supervised an intern and provided an internship in Psychology and Marriage and Family Therapy. I evaluated their progress and their case load.*

**Consultant/GAL**

**Snohomish and Skagit Counties, Washington**

*I provide research and mental health expertise for custody determinations working with Guardian ad Litem, attorneys, and parents in looking at what is the least detrimental alternative for children. I have reviewed the literature on the effects of divorce on children and have consulted with such experts as Judith Wallerstein, Ph.D. I have completed the Title 26 training for Guardian Ad Litem and currently on the registry for Snohomish County. I was a GAL from 2007-2008.*

**In-Service Trainer**

**Seattle, Washington**

*I frequently provide trainings for mental health professionals in abuse, addictions and Neuro-Linguistic Programming. I have provided trainings at Youth Eastside Services, Northshore Youth Services and Northshore Public Schools.*

**Child Counselor**

**Northshore Public School District, Woodinville, WA**

*I was a counselor as part of the Fair Start program where children at risk were taught social skills. I created and facilitated groups for children in divorce recovery, anger management, and self esteem. This program was so effective that it ran a second year and I also became a frequent speaker to parents, speaking about 10 times a year to various schools in the district.*

**Speaker**

**Puget Sound region**

*I frequently speak to parents at the elementary schools on sexual abuse prevention, assertiveness skills, homework, parenting, divorce and addictions. I was a speaker at the Single Parent Network Convention held in Seattle in July 1994. I speak frequently on parenting, marriage, co-dependency, addictions, abuses, communication, depression, mental illness, conflict resolution and life-skills.*

**Author**

Patterns of Excellence is a 160 page training manual in Neuro-Linguistic Programming.

**R e f e r e n c e s**

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