

Erik Bohlin, M.A.

New Hope Counseling Service
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E d u c a t i o n

Chapman University Orange, California <i>Master of Arts, Community and Clinical Psychology</i>	1990 <i>Graduated with 4.0 GPA</i>
Northwest University Kirkland, Washington <i>Bachelor of Arts, Behavioral Science</i>	1987 <i>Graduated Magna Cum Laude Awarded for highest GPA in Behavioral Science Department</i>

C e r t i f i c a t i o n s

National Board of Certified Counselors Greensboro, North Carolina <i>Nationally Certified Counselor</i>	1996 #44257
Licensed Mental Health Counselor State of Washington	1994 # LH 00004543
NAADAC Master Addictions Counselor	2006 # 507178

P o s t G r a d u a t e E d u c a t i o n

Benton/Franklin County Superior Court Kennewick, Washington	2003 Completed 28 hour training for RCW 26 Family Law Guardian Ad Litem
NLP Learning Center Seattle, Washington <i>Master Practitioner Certification in Neuro-Linguistic Programming</i>	1994 <i>Completed 5 month advance training in Neuro-Linguistic Programming</i>

The Institute of NLP and Hypnosis Austin, Texas <i>Ericksonian Hypnosis</i>	1992 <i>Completed 36 hour training with 2 therapists who Milton Erickson personally mentored.</i>
NLP Center of the Southwest/Cascade Center Seattle, Washington <i>Certified Practitioner in Neuro-Linguistic Programming</i>	1991 <i>Completed 8 month training in NLP</i>

C o n t i n u i n g P r o f e s s i o n a l E d u c a t i o n

Joseph Shaub, J.D., Attorney Seattle, Washington <i>"Family Law for the Mental Health Professional"</i>	2005
Daniel Amen, M.D., Psychiatrist Seattle, Washington <i>"From ADD to Alzheimer's: Healing and Nurturing the Brain throughout a Lifetime"</i>	2005
Harvard Divinity School Cambridge, MA <i>"Holistic Healing in Byzantium: Epistemologies and Methodologies"</i>	2004
Patrick Carnes, Ph.D, CAS Seattle, Washington <i>"Sexual Addiction: The Recovery Zone"</i> <i>"Sexual Addiction: Facing the Shadow"</i>	2004
John Gottman, Ph.D, Seattle, Washington <i>"Marital Therapy: A Scientifically Based Approach"</i>	2000
Nicholas Hall, Ph.D, Seattle, Washington <i>"Health Related Pleasures"</i>	1996

P r o f e s s i o n a l e x p e r i e n c e

New Hope Counseling Service Lake Stevens, Washington <i>Clinical Director and Counselor</i>	1989-Present <i>I provide individual, marital, family and group therapy. I specialize in recovery from physical and sexual abuse,</i>
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emotional abuse, divorce and family breakup, depression, anxiety and post-traumatic stress disorders. I do pain management assessments and treatment for those suffering from chronic pain and illness. I provide assessment and court evaluations and do personality testing with the MMPI-2, MMCI-2 other assessment tools. I also have been an internship site for Northwest University, Seattle Pacific University and the University of Washington, providing supervision.

The Institute for Excellence

Lake Stevens, Washington
Executive Director and Trainer

1992-1997

I trained other mental health professionals in Neuro-Linguistic Programming. I directed a 90 hour certification program that extended over 7 months. I also have done consulting and professional excellence training for employees of various corporations.

Northshore Youth and Family Services

Bothell, Washington
Marriage and Family Intern

1989-1990

I provided marital, family and child counseling. I assisted in a children's support group and parenting groups.

Mental Health Services of Snohomish County, Inc.

Everett, Washington
Mental Health Specialist

1989-1991

I provided case management and group therapy for psychiatric patients suffering from Schizophrenia, Bipolar Disorder and severe Personality Disorders.

King County Department of Youth Services

Seattle, Washington
Counselor/Chaplain

1987

I counseled incarcerated youth in the areas of physical, emotional and sexual abuse; anger management; social skills, and crisis intervention.

Whitman County Crisis Line
Pullman, Washington
Crisis Line Worker

1980-1981

I did crisis intervention for two crisis lines, Rape Resource Line, Whitman County Mental Health Line and the Alcoholics Anonymous Line.

A d d i t i o n a l p r o f e s s i o n a l a c t i v i t i e s

Practicum Supervisor

Northwest College, Kirkland, Washington

I supervised interns and provided a 300 hour practicum experience for students in the Behavioral Science program. I evaluated their progress and case load.

Internship Supervisor

University of Washington / Seattle Pacific University

I supervised an intern and provided an internship in Psychology and Marriage and Family Therapy. I evaluated their progress and their case load.

Consultant/GAL

Snohomish and Skagit Counties, Washington

I provide research and mental health expertise for custody determinations working with Guardian ad Litem, attorneys, and parents in looking at what is the least detrimental alternative for children. I have reviewed the literature on the effects of divorce on children and have consulted with such experts as Judith Wallerstein, Ph.D. I have completed the Title 26 training for Guardian Ad Litem and currently on the registry for Snohomish County. I was a GAL from 2007-2008.

In-Service Trainer

Seattle, Washington

I frequently provide trainings for mental health professionals in abuse, addictions and Neuro-Linguistic Programming. I have provided trainings at Youth Eastside Services, Northshore Youth Services and Northshore Public Schools.

Child Counselor

Northshore Public School District, Woodinville, WA

I was a counselor as part of the Fair Start program where children at risk were taught social skills. I created and facilitated groups for children in divorce recovery, anger management, and self esteem. This program was so effective that it ran a second year and I also became a frequent speaker to parents, speaking about 10 times a year to various schools in the district.

Speaker

Puget Sound region

I frequently speak to parents at the elementary schools on sexual abuse prevention, assertiveness skills, homework, parenting, divorce and addictions. I was a speaker at the Single Parent Network Convention held in Seattle in July 1994. I speak frequently on parenting, marriage, co-dependency, addictions, abuses, communication, depression, mental illness, conflict resolution and life-skills.

Author

Patterns of Excellence is a 160 page training manual in Neuro-Linguistic Programming.

R e f e r e n c e s

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